## PRESCHOOL ROOM

OUR DAILY ROUTINE

| $\begin{array}{\|l\|} \hline \text { 7:00am } \\ \text { 8:30am } \end{array}$ | Arrival/Free Play |
| :---: | :---: |
| $\begin{array}{\|l\|} \hline \text { 8:30am } \\ \text { 9:00am } \\ \hline \end{array}$ | Group Time |
| $\begin{aligned} & \text { 9:00am } \\ & \text { 9:15am } \end{aligned}$ | Snack/Washroom Routine |
| $\begin{array}{\|l\|} \hline \text { 9:15am } \\ \text { 10:15am } \end{array}$ | Outdoor/Gross Motor Play |
| $\begin{array}{\|l\|} \hline \text { 10:15am } \\ \text { 10:45am } \end{array}$ | Learning Circle/Group Time |
| $\begin{array}{\|l\|} \hline \text { 10:45am } \\ \text { 11:30am } \end{array}$ | Free Play/Art Activity |
| $\begin{aligned} & \hline \text { 11:30am } \\ & \text { 11:45am } \\ & \hline \end{aligned}$ | Tidy Up |
| $\begin{array}{\|l\|} \hline \text { 11:45am } \\ \text { 12:15pm } \end{array}$ | Lunch |
| $\begin{aligned} & \text { 12:15pm } \\ & \text { 12:30pm } \\ & \hline \end{aligned}$ | Washroom Routine |
| $\begin{array}{\|l} \hline \text { 12:30pm } \\ \text { 1:30pm } \\ \hline \end{array}$ | Rest Time |
| $\begin{aligned} & \text { 1:30pm } \\ & \text { 2:30pm } \\ & \hline \end{aligned}$ | Quiet Time/Quiet Activity |
| $\begin{array}{\|l\|} \hline \text { 2:30pm } \\ \text { 3:00pm } \\ \hline \end{array}$ | Washroom Routine/Snack |
| $\begin{aligned} & \hline \text { 3:15pm } \\ & \text { 4:15pm } \\ & \hline \end{aligned}$ | Outdoor/Planned Gross Motor |
| $\begin{aligned} & \text { 4:15pm } \\ & \text { 4:450pm } \\ & \hline \end{aligned}$ | Small Circle/Group Time |
| $\begin{array}{\|l\|} \hline 4: 45 \\ p m \\ 5: 00 \mathrm{pm} \end{array}$ | Free Play |
| 5:00pm <br> 6:00pm | Group Time/Departure |

